

Hunza

LONG LIFE FOOD in Hunza Valley - HEAVEN ON EARTH, Pakistan | Pakistani Food Tour! - LONG LIFE FOOD in Hunza Valley - HEAVEN ON EARTH, Pakistan | Pakistani Food Tour! 31 minutes - SUBSCRIBE <http://bit.ly/MarkWiensSubscribe> for 2 new videos every week T-shirts and caps: <https://goo.gl/6WdK11> Thank you to ...

HIMALAYAS

HINDU KUSH

Chapshoro Point

Hunza Food Pavilion

Daodao soup

Hunza Valley Pakistan: A Haven for Nature Lovers \u0026 Adventure Seekers : Travel Video - Hunza Valley Pakistan: A Haven for Nature Lovers \u0026 Adventure Seekers : Travel Video 8 minutes, 11 seconds - Hunza, Valley is a breathtakingly beautiful region located in the northernmost part of Pakistan, nestled amidst the majestic ...

Hunza Valley Pakistan

Baltit Fort

Attabad Lake

Altit Fort

Passu Cones

Nagar Valley

Hussaini Suspension Bridge

Luxus Hotel

Subscribe Travelcations

[Documentary] The Secret of the Fountain of Youth: Hunza Food Culture (Pakistan) - [Documentary] The Secret of the Fountain of Youth: Hunza Food Culture (Pakistan) 31 minutes - How to support the Channel: ...

Intro

Part I: The Hunza Diet

Part II: The Hunza Apricot

Part III: The mountain herbs of Hunza

Part IV: The magical glaciers' water

Part V: The traditional Hunza way of Life

Part VI: The end of the fountain of youth

Part VII: The renewal of the local cuisine

Hunza Nagar, Gilgit Baltistan, Karakoram Highway Pakistan Urdu Travel Documentary by Hafeez Chaudhry - Hunza Nagar, Gilgit Baltistan, Karakoram Highway Pakistan Urdu Travel Documentary by Hafeez Chaudhry 16 minutes - Facebook Page: <https://www.facebook.com/hafeezchaudhry23> Music: Epidemic sound. Get one month free by clicking the link ...

RARE Pakistani Village Food!! The Mountain People of Hunza!! - RARE Pakistani Village Food!! The Mountain People of Hunza!! 20 minutes - SECOND CHANNEL!! MORE BEFRS » <http://bit.ly/MoreBEFRS> BEFRS MERCH » <https://bit.ly/ShopBEFRS> SUPPORT OUR ...

Hunza Homes

Dry Apricot Soup

Gilgit Meaning Brown Lentil and Potato

Buckwheat Pancake

I've seen HEAVEN on EARTH | North of Pakistan Hunza Valley 2025 ?? - I've seen HEAVEN on EARTH | North of Pakistan Hunza Valley 2025 ?? 43 minutes - pakistan #hunza, Our journey to North Pakistan turned out to be a glimpse of Heaven on Earth. From the breathtaking landscapes ...

Intro

Taking flight to Skardu

Checking in at OFFTO resort HUNZA

Getting ready for a Road Trip with NATCO Pakistan

Visiting Attabad lake

Exploring Gulmit village in Gojal| Meeting local students and visiting 700 y.o. Old House

Learning for Gojal women weave carpets

Taking My First Paragliding in Hunza

I was Amazed by villagers in Gulkin, Gojal

We are doing Shopping in Hussain'i bridge

We Crossed one of the most Dangerous bridges Hussaini Suspension bridge

Trying Iconic Yak Grill Burger at PASSU CONES

Having bonfire night with Friends at OFFTO RESORT

LIVE LONGER with Food from Hunza, Pakistan - LIVE LONGER with Food from Hunza, Pakistan 5 minutes, 42 seconds - You'll live longer with this food, but that suspension bridge will end you. (DAY 5) DAY 1: ...

Intro

Fresh Apples

Shalboot

Apricot Noodle Soup

Molida

Eating Shalboot

Eating Apricot Noodle Soup

Eating Pancakes with Mulberry Syrup

Eating Molida

RIP

Outro

EP. 5 - I met the oldest man in Hunza Valley. (SUB: ENG/ESP/ITA) - EP. 5 - I met the oldest man in Hunza Valley. (SUB: ENG/ESP/ITA) 10 minutes, 14 seconds - Few years ago, I was watching a documentary about this magic place called: **Hunza**, Valley. Here, people could live until 130 ...

A Hunza Local Shows Me the Hidden Gems of Northern Pakistan - A Hunza Local Shows Me the Hidden Gems of Northern Pakistan 12 minutes, 43 seconds - pakistan #**hunza**, A **Hunza**, Local Shows Me the Hidden Gems of Northern Pakistan Thank you so much - @offto3835 Follow us: ...

Incredible Hunza Valley and its Historical Altit \u0026 Baltit Forts S2. EP09 | Pakistan Motorcycle Tour - Incredible Hunza Valley and its Historical Altit \u0026 Baltit Forts S2. EP09 | Pakistan Motorcycle Tour 25 minutes - Music: Artlist: <https://bit.ly/3bsuF3I> (**2 months free if you use this link) Epidemic Sound: <http://bit.ly/396ATGI> (**1 month free if you ...

The Hunza people live for 120 years without getting sick. These are their secrets. - The Hunza people live for 120 years without getting sick. These are their secrets. 4 minutes, 49 seconds - Are you 50+? Eat 1 Beetroot Every Day https://www.youtube.com/watch?v=x4b89VJrW_0 McCarrison lived near the **Hunza**, Valley ...

Medieval Forts Restored as Spectacular Hunza Valley Builds Its Future | National Geographic - Medieval Forts Restored as Spectacular Hunza Valley Builds Its Future | National Geographic 4 minutes, 28 seconds - Two medieval forts tower over Pakistan's **Hunza**, Valley, a region known for its traditional culture, as well as for forward-thinking ...

BENEATH THE RUGGED KARAKORAM MOUNTAINS, SOME OF THE WORLD'S TALLEST ...

WINDS THE HUNZA VALLEY OF PAKISTAN, LINED WITH FIELDS AND ORCHARDS.

ONCE, HUNZA WAS RULED BY A PRINCE, OR MIR...

FIRST FROM THE MEDIEVAL FORT ALTIT

FOUNDED 1,000 YEARS AGO

AND LATER FROM THE NEARBY BALTIT FORT, ALSO CENTURIES OLD.

BOTH FORTS HAVE UNDERGONE MAJOR RESTORATION WORK.

WITH HIGH LITERACY RATES, AND A FOCUS ON EDUCATION FOR GIRLS.

WOMEN IN HUNZA HAVE RECENTLY BEGUN TO PRACTICE CARPENTRY...

TRADITIONALLY A MALE-DOMINATED TRADE.

PROJECTS OF THE NEW GENERATION OF CARPENTERS HAVE INCLUDED REPAIRS...

OF THE WOODWORK-RICH HISTORIC SITES.

IN RECENT YEARS, WOMEN IN HUNZA HAVE ALSO TRAINED AS MOUNTAIN CLIMBING GUIDES.

HUNZA IS A WINE-PRODUCING REGION.

THE TRADITION LONG PREDATES PAKISTAN'S BAN ON ALCOHOL ...

AND IS THOUGHT TO PREDATE THE ARRIVAL OF ISLAM.

THE AUTHORITIES TOLERATE NONCOMMERCIAL WINEMAKING.

THE KARAKORAM HIGHWAY, WHICH LINKS PAKISTAN TO WESTERN CHINA ...

PASSES ALONG THE COURSE OF THE GLACIER-FED HUNZA RIVER.

FOLLOWING AN EARTHQUAKE IN 2010, A NATURAL DAM FORMED IN THE VALLEY...

AND FORMING A NEW LAKE.

A BEAUTIFUL DESTINATION ITSELF...

LAKE ATTABAD ALSO BECAME A FERRY ROUTE ...

TO CONNECT THE TWO STRETCHES OF HIGHWAY

What it's like exploring HUNZA, PAKISTAN as a solo female traveler ?? - What it's like exploring HUNZA, PAKISTAN as a solo female traveler ?? 18 minutes - It's finally time to head back to Northern Pakistan, and explore the stunning beauty of **Hunza**,. Although this journey was supposed ...

Intro

The beauty of Hunza

Getting to know Hunza Culture

On animal Welfare

Women Empowerment in Hunza

Learning to drive a motorbike

First solo hike

Music Center Hunza

Cooking Entire YAK!! Pakistani Mountain Food in Hunza!! - Cooking Entire YAK!! Pakistani Mountain Food in Hunza!! 20 minutes - SECOND CHANNEL!! MORE BEFRS » <http://bit.ly/MoreBEFRS> BEFRS MERCH » <https://bit.ly/ShopBEFRS> SUPPORT OUR ...

SHER CO-HOST

THE MOUNTAIN

KAREEM YAK SHEPHERD

THE VILLAGE

ZAREEN BAG LOCAL TEACHER

CLICK THE LINK IN THE DESCRIPTION

ALI ALI HAMDANI

11 Magical Places in Hunza Valley | Khunjrab Pass | Atabad Lake | Naltar Valley - 11 Magical Places in Hunza Valley | Khunjrab Pass | Atabad Lake | Naltar Valley 8 minutes, 49 seconds - 11 Magical Places in **Hunza**, Valley | Khunjrab Pass | Atabad Lake | Naltar Valley | Hoper Glacier **Hunza**, valley Altit Fort Baltit Fort ...

I've seen HEAVEN on EARTH | North of Pakistan Hunza Valley 2023 ?? - I've seen HEAVEN on EARTH | North of Pakistan Hunza Valley 2023 ?? 46 minutes - Learn 150+ languages with quality native-speaking teachers on italki . Buy \$10 get \$5 for free for your first lesson using my code ...

Intro

Morning at the Eagle Nest view point

Local market in Karimabad (Hunza Valley)

Visiting famous Baltit Fort

Morning Mountain tea and Walnuts cake

Trying local cuisine

Exploring Attabad Lake, jetski

Nomadic Hotel Yurts in Upper Hunza

Exploring Hussaini Suspension Bridge

First time taking Zipline in Hussaini bridge

Viewing Mountain Football in Hunza

First time trying Yak Burger

Witnessing MILKIWAY in Upper Hunza

Journey through Pakistan - Karakoram Highway - Journey through Pakistan - Karakoram Highway 27 minutes - The Karakoram Highway is one of Pakistan's greatest tourist attractions. The road, jointly built by Pakistan and China, is 1300 km ...

Karakoram Highway

Gilgit

Hunza Valley

Nagar Valley

Attabad Lake

Khunjerab Pass

10 Amazing Places To Visit In Khyber Pakhtunkhwa (KPK) | Pakistan! - 10 Amazing Places To Visit In Khyber Pakhtunkhwa (KPK) | Pakistan! 5 minutes, 46 seconds - 10 Amazing Places To Visit In Khyber Pakhtunkhwa (kpk) Beautiful province of Pakistan Khyber Pakhtunkhwa is located in the ...

Intro

Dandyon E

Shokran

Kailash Valley

Swat Valley

OBM National Park

Mishka Puri

Nathi Agali

Lakes Abad

Mal and Jabba

Kashmir Tour Complete Guide | All Information About Kashmir Trip - Kashmir Tour Complete Guide | All Information About Kashmir Trip 14 minutes, 13 seconds - I hope you enjoyed the Kashmir series which contains videos of following popular places, - Gulmarg - Pahalgam - Sonmarg ...

PAKISTAN ?? Hunza Valley - Gulmit \u0026 Hussaini Bridge | 3 Week Adventure - Ep2 - PAKISTAN ?? Hunza Valley - Gulmit \u0026 Hussaini Bridge | 3 Week Adventure - Ep2 40 minutes - This was my first time in Pakistan and we went on a 3 week trip travelling through the spectacular mountains of the Gilgit-Baltistan ...

Pakistani Food in HUNZA, Gilgit-Baltistan - AMAZING 200 Year Old Stone Pot Curry!! - Pakistani Food in HUNZA, Gilgit-Baltistan - AMAZING 200 Year Old Stone Pot Curry!! 30 minutes - Rediscover Pakistan with MANAKY! Manaky is your one-stop shop for all your travel resources in Pakistan (curated tours, ...

Intro

Stone Pot Curry

Dessert Bread

Breakfast

Ganesh Fort

Gem Shop

Cafe DeHunza

Dinner

First Impressions of HUNZA VALLEY, Pakistan ?? - First Impressions of HUNZA VALLEY, Pakistan ??
30 minutes - Today me and @worldnomac explored the famous **Hunza**, Valley, once we got over the cold weather we enjoyed a busy day ...

Standing Tomb

Wine Cellar

Hunza Food Pavilion

Soup Noodle Soup with Coriander Mint

I've died and gone to PAKISTAN! ?? - I've died and gone to PAKISTAN! ?? 17 minutes - Travel to the Lower **Hunza**, Valley, Pakistan in 2025 and you'll find UNGODLY amounts of natural beauty and incredible historical ...

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