

# Unwind

Unwind

Shusterman Stack unwinding Unwind (Oleander album) (2001) Unwind (VanVelzen album) (2007) Unwind, album by Inasense (2003) &quot;Unwind&quot;; song by Pink from - Unwind may refer to:

Unwind (novel), a 2007 science fiction novel by young adult literature author Neal Shusterman

Stack unwinding

Neal Shusterman

as a judge for the PEN/Phyllis Naylor Working Writer Fellowship in 2012. Unwind has won more than 30 awards and is in development with Constantin Film as - Neal Shusterman (born November 12, 1962) is an American writer of young adult fiction. He won the 2015 National Book Award for Young People's Literature for his book Challenger Deep and his novel, Scythe, was a 2017 Michael L. Printz Honor book.

He won the Margaret Edwards Award in 2024 "honoring his significant and lasting contribution to writing for teens."

Unwind (novel)

Unwind is a dystopian novel by Neal Shusterman. It takes place in the United States in the near future. After the Second Civil War (&quot;The Heartland War&quot;)- Unwind is a dystopian novel by Neal Shusterman. It takes place in the United States in the near future. After the Second Civil War ("The Heartland War") was fought over abortion, a compromise was reached, allowing parents to sign an order for their children between the ages of 13 and 18 to be "unwound" — taken to "harvest camps" and dissected into their body parts for later use. The reasoning is that since 99.44% of the body is used, unwinds do not technically die because their individual body parts live on.

Unwind was met with positive reception upon release, with praise focusing on the novel's immersive environment and sociological implications. A film adaptation of Unwind was in production, but Shusterman announced in January 2020 that a television series would be developed instead. A second novel titled UnWholly was released in August 2012, a third titled UnSouled in December 2013, and a fourth titled UnDivided in October 2014. A novella, UnStrung, was also published. UnBound is the most recent addition to the Unwind series and was written by Shusterman, Michelle Knowlden, Jarrod Shusterman, Terry Black, and Brendan Shusterman. It was published December 15, 2015, by Simon & Schuster and is a collection of novellas that explore the secrets and lost stories of the Unwind world.

Unwinding

Unwinding may refer to: Removing frames from a call stack Loop unwinding, a software optimization technique This disambiguation page lists articles associated - Unwinding may refer to:

Removing frames from a call stack

Loop unwinding, a software optimization technique

## The Unwinding

*The Unwinding: An Inner History of the New America* is a 2013 non-fiction book by the American journalist George Packer. The book uses biographies of individual Americans as a means of discussing important forces in American history from 1978 to 2012, including the subprime mortgage crisis, the decline of American manufacturing, and the influence of money on politics. The Unwinding includes lengthy profiles of five subjects: a Youngstown, Ohio factory worker turned community organizer, a biodiesel entrepreneur from North Carolina, a Washington lobbyist and Congressional staffer, the Silicon Valley entrepreneur Peter Thiel, and people involved in the distressed housing market in Tampa, Florida. Interspersed with these longer accounts are ten briefer biographical sketches of famous Americans such as the rapper Jay-Z, the politician Newt Gingrich, and the restaurateur and food activist Alice Waters.

In an interview with PBS NewsHour, Packer defined the book's theme as the unraveling of "a contract that said if you work hard, if you essentially are a good citizen, there will be a place for you, not only an economic place, you will have a secure life, your kids will have a chance to have a better life, but you will sort of be recognized as part of the national fabric." The Unwinding follows the decline of a number of American institutions that Packer believes underpinned this contract, including locally owned businesses, unions, and public schools. According to Packer, the "void" left by the decline of these institutions "was filled by the default force in American life, organized money."

The book's format and style were inspired by John Dos Passos' U.S.A. trilogy, a series of novels published in the 1930s. Like *The Unwinding*, the U.S.A. trilogy combined longer narrative accounts of its main characters with short biographies of influential figures of the time period and collections of newspaper headlines and song lyrics.

*The Unwinding* won the 2013 National Book Award for Nonfiction and was a finalist for the 2013 National Book Critics Circle Award.

## Unwind with ITV

Unwind with ITV is an ITV ambient television programme. It broadcasts footage of various peaceful environments and computer graphics, over ambient music - Unwind with ITV is an ITV ambient television programme. It broadcasts footage of various peaceful environments and computer graphics, over ambient music. It is produced by Plymouth-based Rock Oyster Media in collaboration with mental health charity Campaign Against Living Miserably, with music coming from the libraries of the music conglomerate BMG. It started broadcasting on 2 October 2021.

The show is also available for late-night viewing on ITV channels 1–4 and ITV Quiz (formerly ITVBe). Select episodes previously broadcast on ITV1 are available on ITVMX under the title Unwind with ITV1. Indeed, unlike ITV Nightscreen, which presented the TV listings for ITV1 alone across the ITV network, distinct editions of Unwind with ITV air on the same night from channel to channel and are labeled accordingly on ITVMX's TV listings.

In November 2022, a round-the-clock feed of Unwind footage was made available as part of the line-up of FAST channels offered within the 'Live TV' section of ITVMX, although this has since closed. Also in November 2022, Unwind was discontinued on STV, with it being replaced by Night Vision, which features news, sport and weather from across Scotland. However, in July 2023, Unwind returned to STV following

the collapse of Ideal World and shown alongside Night Vision. Unwind with ITVBe was discontinued in light of ITVBe's closure and replacement by ITV Quiz on 9th June 2025, with Unwind with ITV now broadcasting on the new channel.

## BBC Radio 3 Unwind

BBC Radio 3 Unwind is a British online-only radio stream, owned and operated by the BBC and run as a spin-off from BBC Radio 3. Launched in 2024, the station - BBC Radio 3 Unwind is a British online-only radio stream, owned and operated by the BBC and run as a spin-off from BBC Radio 3. Launched in 2024, the station plays a wide range of wellbeing and meditation focussed classical music both familiar and new, intertwined with voices and soundscapes.

The stream broadcasts exclusively on BBC Sounds, until a full launch on DAB+ is due to take place in 2025.

## Avenged Sevenfold

Avenged Sevenfold (abbreviated as A7X) is an American heavy metal band from Huntington Beach, California, formed in 1999. The band's current lineup consists - Avenged Sevenfold (abbreviated as A7X) is an American heavy metal band from Huntington Beach, California, formed in 1999. The band's current lineup consists of vocalist M. Shadows, rhythm guitarist Zacky Vengeance, lead guitarist Synyster Gates, bassist Johnny Christ, and drummer Brooks Wackerman.

Avenged Sevenfold are known for their diverse rock sound and dramatic imagery in album covers and merchandise. The band emerged with a metalcore sound on their debut album *Sounding the Seventh Trumpet*; they largely continued this sound through their second album *Waking the Fallen*. The band's style had evolved by their third album and first major label release, *City of Evil*, into a more traditional heavy metal style. The band continued to explore new sounds with its self-titled release and enjoyed continued mainstream success before their founding drummer, Jimmy "The Rev" Sullivan, died in 2009. Despite his death, Avenged Sevenfold continued on with the help of Dream Theater member Mike Portnoy, and released and toured in support of their fifth album *Nightmare* in 2010, which debuted atop the *Billboard* 200, their first number one debut.

In 2011, drummer Arin Ilejay joined the band on tours and recording. The band's sixth studio album *Hail to the King*, which was released in 2013, marked the only Avenged Sevenfold album featuring Ilejay. It would feature a heavy metal and hard rock style, with it being written as a tribute to their influences. *Hail to the King* charted as number 1 on the *Billboard* 200, the UK Albums chart, as well as the Finnish, Brazilian, Canadian, and Irish charts. Ilejay left the band in late 2014 and was replaced by former Bad Religion drummer Brooks Wackerman, but the lineup change was not announced to the public until 2015. The band then surprise-released their seventh studio album *The Stage* in October 2016, which debuted as number 4 on the *Billboard* 200 chart in the US. *The Stage* is their first conceptual album and marked another stylistic change for the band, moving towards a progressive metal sound. The band released their eighth studio album, *Life Is But a Dream...*, a highly experimental record, in June 2023.

To date, Avenged Sevenfold have released eight studio albums, one live album/DVD, two compilation albums and eighteen singles and have sold over 8 million albums worldwide, and their records have received numerous certification awards, including five platinum album awards from their home country's institution (RIAA). They have also created four original songs for the *Call of Duty: Black Ops* series, all of which were compiled together in the 2018 EP *Black Reign*. The band were ranked No. 47 on Loudwire's list of Top 50 Metal Bands of All Time. Christina Fuoco of AllMusic called Avenged Sevenfold "one of the more successful and accessible metalcore outfits of the early 21st century."

## Call stack

to the call stack is sometimes called "winding", and removing entries "unwinding". There is usually exactly one call stack associated with a running program - In computer science, a call stack is a stack data structure that stores information about the active subroutines and inline blocks of a computer program. This type of stack is also known as an execution stack, program stack, control stack, run-time stack, or machine stack, and is often shortened to simply the "stack". Although maintenance of the call stack is important for the proper functioning of most software, the details are normally hidden and automatic in high-level programming languages. Many computer instruction sets provide special instructions for manipulating stacks.

A call stack is used for several related purposes, but the main reason for having one is to keep track of the point to which each active subroutine should return control when it finishes executing. An active subroutine is one that has been called, but is yet to complete execution, after which control should be handed back to the point of call. Such activations of subroutines may be nested to any level (recursive as a special case), hence the stack structure. For example, if a subroutine DrawSquare calls a subroutine DrawLine from four different places, DrawLine must know where to return when its execution completes. To accomplish this, the address following the instruction that jumps to DrawLine, the return address, is pushed onto the top of the call stack as part of each call.

## Headspace (company)

with Headspace Guide to Sleep released in April 2021. The third title, Unwind Your Mind, was released in June 2021. Headspace has been featured on both - Headspace, a subsidiary of Headspace Health, is an English-American healthcare company specializing in mental health. It was incorporated in May 2010 in London, England by Andy Puddicombe and Richard Pierson. It is headquartered in Santa Monica, California, with offices in San Francisco and London.

The company mainly operates through its online platform, which provides online counseling and mental health coaching services as well as guided meditation through a paid subscription service model.

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